

WORKING HOURS

This policy is designed to:

- a. Limit the number of hours a resident may work each week.
 - b. Give the resident adequate time for reading, teaching, rest and rejuvenation.
1. A resident may not work more than an average of 80 hours per week over four weeks.
 2. All residents will have four 24-hour periods off per 28 day block (one day/week on average). This includes residents on every fourth night call. This is accomplished as follows:
 - a. All R-1 and upper level residents on University MICU, CCS, PCS, Cancer Center, MED-ID Gold/Silver or Pink/Blue teams at the VA who are on call on:
 - i. Friday will be off on Sunday.
 - ii. Sunday will be off on Saturday.
 - iii. Thursday will be off both Saturday and Sunday.
 - b. All R-1 and upper level residents on team call teams at the VA will ensure 4 full-days off for each intern and resident.
 3. Residents on University teams (Med 1, 2, 3 and 4) will admit patients until 7:00 p.m. when on call Sunday through Thursday nights. The University Day Float may work up 1 or 2 admissions until 8:30 PM. At 9 PM and/or when admission work-ups are completed, the on-call team may sign-out to the Night Team and may leave the hospital. The on-call team must sign out in time to provide at least 8-10 hours off between daily ward responsibilities.
 4. When on overnight call, a resident cannot work more than 30 hours.

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