

Name of rotation: ABR - Physical Med & Rehab

Division: GIM

Course Director: Susan D. Wolfsthal, M.D.

Site(s): Kernan, University Specialty Hospital, others

Duration of rotation:  one month only  
 2 weeks possible

**General description of the rotation including educational purpose, rationale or value:**

This rotation is a portion of the ABR which has required participation during a two week neurology/geriatrics/rehabilitation medicine component. The goals of this rotation are to provide the residents with an experience in physical and rehabilitation medicine which equips them with the knowledge, skills, and attitudes necessary to care for GIM patients with rehabilitation problems and recognize when referral to a psychiatrist may be necessary.

**Resident responsibilities, including interns and residents:**

The residents are expected to actively participate in patient care and engage in self directed/problem-based learning. Their attendance is expected to be 100%.

**Educational objectives:** All competency-based objectives apply to the PGY-2, 3 and above levels. PGY-1 residents do not complete this rotation.

PGY-2 or 3 resident will:

**Patient Care**

1. Obtain a pertinent history with special attention to any motor, sensory or cognitive impairments, pain syndromes and ability to perform ADL's.
2. Recognize the complications of prolonged bedrest (contractures, pressure sores, deep venous thrombosis, osteoporosis, muscular deconditioning and others).

**Medical Knowledge**

1. Describe the health care team for rehabilitative medicine and the roles of allied health professionals (for example, physical therapist, occupational therapist, psychologist, speech and language pathologist, prosthetist, orthotist and others).
2. Describe various physical medicine treatment modalities, including diathermy, ultrasound, electrical stimulation, as well as various types of therapeutic exercises.
3. Explain the use of the various assistive devices that may reduce disability including wheelchairs, prosthetics, orthotics and others.
4. Know the principles of evaluation and management of chronic pain.
5. List problems that may require referral to a rehabilitation specialist.

**Check all principle teaching methods used during this rotation:**

<input checked="" type="checkbox"/>	Attending teaching rounds	<input checked="" type="checkbox"/>	Interdisciplinary rounds
<input checked="" type="checkbox"/>	Patient management discussions	<input checked="" type="checkbox"/>	Small group discussions
<input type="checkbox"/>	Conferences specific to rotation	<input checked="" type="checkbox"/>	Bedside clinical rounds
<input checked="" type="checkbox"/>	Individual instruction of procedures	<input checked="" type="checkbox"/>	Review of diagnostic studies, including radiology
<input type="checkbox"/>	Other: _____		

**Describe the most important educational content, including the mix of diseases, patient characteristics, types of clinical encounters, procedures and services:**

The residents are provided with the opportunity to work directly with a rehabilitation team at a rehabilitation hospital or VA hospital.

**Check the principal ancillary education materials used:**

<input checked="" type="checkbox"/>	Reading lists	<input type="checkbox"/>	Pathologic material
<input checked="" type="checkbox"/>	Radiologic studies	<input checked="" type="checkbox"/>	Other noninvasive studies
<input type="checkbox"/>	Handouts on relevant topics	<input checked="" type="checkbox"/>	Articles from the literature
<input type="checkbox"/>	Other: _____	<input checked="" type="checkbox"/>	Case studies

**Methods used to evaluate the resident and the rotation:**

- Evaluation of residency performance and professionalism
- Evaluation of attending teaching skills and other attributes
- Rotation assessment by resident
- Observation of resident's clinical competency
- Observation of resident's leadership and teaching skills
- Review of the resident's history/physical exam, progress notes and documentation of procedures in the chart
- Resident's attendance of rounds and conferences monitored
- Other: \_\_\_\_\_

**Identify strengths and limitations specific to the resources of the sponsoring institution:**

The strength of this rotation lies in the multi-disciplinary approach to patient care which is demonstrated through the cooperative patient care efforts of physiatrists, neurologists, physical and occupational therapists.

*9/18/07: Reviewed with residents / faculty at Postgraduate Education Committee*