

Secondhand smoke is more than just a drag to be around • It causes 100,000 ear infections in children each year • It causes 400,000 cases of childhood asthma each year • It causes 9,700 babies to be born with low birth weight each year • It is linked to 2,700 cases of Sudden Infant Death Syndrome (SIDS) each year • Secondhand smoke is no joke!!!

# Kick the Habit!!!



Kick the Habit now!



Help me!  
I can't breathe!



**K.I.C.K. the Habit**  
**(Keep It Clean for Kids)**



A partnership between the Baltimore City Health Department and the University of Maryland Medical Center.

410-328-WELL (9355)

[www.umm.edu/kickthehabit](http://www.umm.edu/kickthehabit)