

Baltimore City Community Resources

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- **Attention/Deficit Hyperactivity Disorder Resources:**

1. **CHADD of Greater Baltimore (Children and Adults with ADHD) 410-617-1500**

Services provided: Support groups and information for parents of children and adults with AD/HD and ADD. Date and Time: 1st Wednesday of each month from 7-9pm. Fee: none

Website: <http://www.chadd-mc.org/chapters/baltimore.htm>

Parent support groups in Dundalk, Timonium, Howard and Montgomery County. Call or check the calendar for meeting dates and locations of this group at their website.

- **Advocacy for Special Populations**

- **General:**

1. **Jewish Community Center of Greater Baltimore**

Owings Mills 410-356-5200

Ben and Esther Rosenbloom JCC on the Weinberg Campus
3506 Gwynnbrook Avenue
Owings Mills, MD 21117

Park Heights 410-542-4900

Harry and Jeanette Weinberg JCC
5700 Park Heights Avenue
Baltimore, MD 21215

Website: <http://www.jcc.org/>

Services provided: Operates two facilities in the Baltimore metropolitan area and Camp Milldale in Reisterstown, Maryland. Both our Owings Mills and Park Heights JCC offer state-of-the-art fitness and preschool facilities as well as arts, culture and Jewish life programming for all ages.

- **Developmental Disabilities:**

1. **Pathfinders for Autism**

120 Allegheny Avenue
Towson, MD 21204

Services provided: provides information, support and resources to families of children with autism.

Website: <http://www.pathfindersforautism.org>

Helpline: 866-806-8400

2. **Baltimore - Chesapeake Chapter Autism Society of America**

410-655-7933

Email: questions@bcc-asa.org

Website: <http://www.bcc-asa.org/BCCASAHompage.htm>

Services provided: support group for parents, educators and professionals. The support group meets on the first Thursday of every month at 7:00 p.m. at Mt. Washington Pediatric Hospital.

3. **The Parent's Place of Maryland**

Telephone (voice or TDD): (410) 768-9100

801 Cromwell Park Drive, Suite 103,
Glen Burnie, MD 21061

Services provided: provides parents of children with disabilities with support, information and guidance. Also provides workshops for parents, educators and professionals. Their sole purpose is to enhance the lives of persons with disabilities.

Website: <http://www.ppmmd.org/index.asp>

- 4. The ARC of Baltimore** **410-296-2272**
 7215 York Road
 Baltimore, MD 21212
 410-296-2394 Fax
Services provided: Advocates for the rights of all citizens with mental retardation/developmental disabilities and their families. Provides dynamic support to enhance their quality of life that results in real choices, responsibilities, power and opportunities. Promotes community education on issues related to mental retardation/developmental disabilities.
Website: www.arcofbaltimore.org
- 5. The ARC of Maryland—Main Office** **410-571-9320 (Annapolis)**
 49 Old Solomons Island Road, Suite 205 **410-974-6139 (Baltimore)**
 Annapolis, Maryland 21401
 410-974-6021 Fax
Website: www.thearcmd.org
- **Mental Health Advocacy**
 - 1. MD Coalition of Families for Children’s Mental Health** **Phone: 410.730.8267**
 10632 Little Patuxent Pkwy, Suite 119 **Toll Free: 1.888.607.3637**
 Columbia, MD 21044
 Fax: 410.730.8331
Services provided: a grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families and building a network of information and support for families across Maryland.
Website: www.mdcoalition.org
 - **Child Abuse Reporting Agencies**
 - 1. Baltimore City CPS** **410-361-2235 (24 hours)**
 1900 N. Howard Street
 Baltimore, MD 21218
 Fax: 443-423-7198
 - 2. Link to CPS agencies by County:** <http://170.224.111.196/cps/address.htm>
 - **Child Care Resources**
 - 1. Baltimore City Child Care Resource Center** **Main: 410-685-5150**
 1645 Ridgely Street, Suite 200 **LOCATE: 410-539-2209**
 Baltimore, Maryland 21230
Services provided: offers referrals and information on licensed day care.
Website: <http://mdchildcare.org/Bx>
Email: childcare@bccrc.org
 - 2. Maryland Child Care Resource Network:**
<http://www.mdchildcare.org/mdcfc/network/mainnumbers.html>

- **Children's Education**

- **Early Intervention:**

1. **Baltimore City Public Schools--Administration** **410-396-8700**

200 East North Avenue

Baltimore, MD 21202

Website: <http://www.bcps.k12.md.us/>

2. **Infants and Toddlers Program (birth -- 3)** **410-396-1666**

The Office of Early Intervention/Programs & Services

3500 W. Northern Parkway Modular Building #222,

Baltimore, Maryland 21215

3. **Child Find Hotline (age 3 – 20)** **443-984-1011**

Services Provided: a process used to identify children ages 3 through 20 who may be in need of special education and related services.

- **Early Intervention Support Services:**

1. **New Bridges To Improved Child Health Program** **410-601-5569 or 410-664-5592**

Sinai Hospital of Baltimore

2401 West Belvedere Avenue

Baltimore, Maryland 21215-5271

Services provided: case management, health education, outreach, and advocacy services to families with children birth to 6. Also addresses fathers and there is no fee for this program.

2. **Baltimore City Healthy Start, Inc.**

Healthy Start East

610 Chester Street

Baltimore, Maryland 21205

(410) 675-2125

Healthy Start West

1622 N. Carey Street

Baltimore, Maryland 21239

(410) 728-7539

Services provided: services include case management, home visiting and outreach to pregnant women and children with the goal of improving pregnancy outcomes, reducing infant mortality, and enhancing family health and well-being.

Website: <http://www.ci.baltimore.md.us/government/health/healthystart.html>

- **Early Intervention Websites:**

1. **Healthy Mothers, Healthy Babies Coalition:** www.hmhb.org/

2. **Maternal and Child Health Bureau, Department of Health and Human Services**
www.mchb.hrsa.gov

3. **National Association of Child Care Resource and Referral Agencies:** www.naccrra.org

4. **National Association for the Education of Young Children:** www.naeyc.org

5. **National Partnership for Women and Families:** www.nationalpartnership.org

6. **Zero to Three:** www.zerotothree.org

- **Crisis Intervention Programs**

1. Baltimore Crisis Response, Inc. (BCRI) (Baltimore City): 410-752-2272

Office: 410-433-5255

Hotline: Available 24 hours/day, 7 days/week, the hotline provides help to people who are having a psychiatric crisis and to people who are homeless.

Crisis Team Services: From 8:00 a.m. - 8:00 p.m. 7 days/week, the Crisis Team will go to where the individual is located to provide crisis services. The Crisis Team provides services to adults who are residents of Baltimore City. The Crisis Team will go to the individual's home, the emergency department, a clinic or any other location in or near Baltimore City. BCRI provides beds to people in psychiatric crisis, including people in need of drug or alcohol detoxification. BCRI provides aftercare and provides assistance in applying for benefits. BCRI cannot assist people with major non-psychiatric medical problems.

2. Baltimore Child And Adolescents Response System (B-CARS): 410-433-5175

B-CARS provides crisis services to people under 18 years old who are having a psychiatric crisis and who are residents of Baltimore City. B-CARS provide crisis services to youths in their homes. B-CARS helps arrange for any other necessary services. B-CARS provides follow-up services to youths who have been discharged from a hospital. B-CARS takes calls 24 hours a day everyday. Emergency Department personnel can call from 9:00 a.m. to 8:00 p.m. The crisis teams will go to where the youth is located, including the home, the emergency department, a clinic or other locations.

3. Baltimore County Crisis Team: 24/7 Hotline: 410-931-2214

Mobile Crisis Team: (MCT) Staffed by specially trained County police officers and mental health clinicians, MCT can respond on-site to calls from the eastern portion of the County. Hours of operation: Daily 10:00 a.m. – 1:00 a.m. **In Home Intervention Team (IHIT):** Staffed by mental health professionals, IHIT can provide non-crisis, on-site assistance County-wide, beginning January 2006, Monday -Friday, 12:00 p.m. – 8:00 p.m. **Urgent Care Clinic:** Two locations available 7 days/week, Monday-Friday evenings, Saturday/Sunday daytime. The clinic can provide an appointment within 48 hours for urgent cases requiring assessment and brief treatment.

4. Maryland Youth Crisis Hotline: 1-800-422-0009 (24/7)

5. National Suicide Hotline: 1-800-SUICIDE (1-800-784-2433) (24/7)

6. First Call For Help: (410) 685-0525 in the greater Baltimore dialing area
(800) 492-0618 outside Baltimore, within Maryland (toll-free)
(410) 685-2159 TTY for hearing impaired (8:30 a.m. - 4:30 p.m. weekdays) all other hours, dial 711, Maryland Relay.

Services provided: a free, confidential service that connects callers with health and human services using the only statewide comprehensive information and referral directory in Maryland. We're available 24 hours a day seven days a week

7. Rape/Sexual Assault Services

- **TurnAround, Inc. 410-377-8111**
2300 North Charles Street
Baltimore, MD 21218
Hotline: (410) 828-6390
Website: www.turnaroundinc.org/

- **Maryland Coalition Against Sexual Assault, Inc. (MCASA) 1-800-983-RAPE(7273)**
1517 Gov. Ritchie Highway, Suite 207 **410-974-4507**
Arnold, MD 21012
- **Link to Maryland Rape Recovery Centers by County:** <http://www.mcasa.org/A/3/A3.htm>
- **Child Protection Team**
University of Maryland – Medical System **410-706-5176, 410-706-6144**
520 W. Lombard, Gray Hall, 1st Floor
Baltimore, MD 21201
Target Population: UMMS staff who work with abused and neglected children
Services provided: Information, resources, consultation, support, advocacy, education and training.
Payments: No fee
Hours: **24 hours** – leave a message if no one is available

- **Domestic Violence/Intimate Partner Violence**

1. **Baltimore City Providers:**

410-889-7884 (Hotline)
TTY: 410-889-0047

 - **House of Ruth Maryland:** **24 hours hotline: 410-889-7884**
2201 Argonne Drive
Baltimore, Maryland 21218
Office: 410-889-0840
Website: www.hruth.org/engine/content.do
Services provided: Domestic violence shelter for women and children, with counseling, supportive, and legal services. 24-hour hotline provides confidential counseling, entry to shelter, referrals to counseling programs.
 - **TurnAround, Inc.** **410-837-7000**
330 N. Charles Street, Suite 300
Baltimore, MD 21201
2. **Baltimore County Providers:** **410-828-6390 (Hotline)**
 - **Family and Children’s Services of Central MD** **410-281-1334**
 - **Family Crisis Center of Baltimore County, Inc.** **410-285-4357**
410-285-7496 (shelter)
 - **TurnAround, Inc.** **410-377-8111 (Towson)**
401 Washington Ave, Suite 300 **410-391-2396 (E. Balto.)**
Towson, MD 21204

Eastern Family Resource Center
9100 Franklin Square Drive, Room 317
Baltimore, 21237
3. **The Care Clinic/Center for Families, University of MD, Baltimore** **410-706-4869**
520 W. Lombard, Gray Hall, 1st Floor **410-706-1703**
Baltimore, MD 21201
Services provided: provides free child and family therapy to children and families affected by or sexual abuse or exposure to domestic violence. Provides clinical assessment, advocacy **services and psychiatric services.**
4. **Sinai Hospital of Baltimore—Family Violence Program** **410-601-8692**
2401 West Belvedere Avenue
Baltimore, Maryland 21215-5271
Emergency Center: 410-601-8800, TTY: 410-601-5247
5. **South Baltimore Family Health Center** **410-354-2001**
Behavioral Health Services
31 Cherry Hill Road
Baltimore, Md. 21215
Target Population: Substance abusers, violent offenders

Services: Counseling for substance abuse and family violence

Payment: Sliding scale, insurance, MA

6. Chana (Counseling, Helpline and Aid Network for Abused Women) 410-234-0023

101 West Mount Royal Avenue

Baltimore, Maryland 21201

Services provided: Aids individuals in the Jewish community who are victims of domestic violence by providing support, counseling and assistance. Helpline provides information about the dynamics of domestic violence, safety planning, counseling, and referrals to community resources. Offers individual counseling, at no cost, and weekly support groups for Jewish women to share their own experiences; operates a Kosher Safehouse for women and their children who are in crisis and need to be away from their abusive partner/parent and provides pro bono and reduced-fee legal services by volunteer lawyers.

7. Link to IPV resources by county: http://www.mnadv.org/dv_providers.html

- **Enrichment Programs**

1. **YMCA**
 - a. **Druid Hill Family Branch** **410-728-1600**
1609 Druid Hill Ave.
Baltimore, MD 21217
fax: 410-462-4591
 - b. **Harry & Jeanette Weinberg YMCA at Stadium Place** **410 - 889-YMCA (9622)**
900 E. 33rd Street
Baltimore, MD 21218
2. **YMCA Program Service Centers:**
 - a. **Urban Services** **410-728-0945**
20 S. Charles St., Suite. 600
 - b. **Baltimore, MD 21201** **410-661-5600**
P.O. Box 18405
Rosedale, MD 21237
fax: 410-882-9913
3. **Department of Recreation and Parks (City)** **410-396-4804**
4. **Girl Scouts** **1-800-492-2521**
5. **Boy Scouts** **410-338-1700**
6. **Boys and Girls Club** **410-539-7081**
7. **Big Brothers/Big Sisters** **410-243-4000**

- **HIV/AIDS:**
 - **Chase Brexton Health Services, Inc.** **410-837-2050**
1001 Cathedral Street
Baltimore, MD 21201
Services provided: primary care, HIV testing and counseling, case management, and mental health services.
 - **Health Education Resource Organization (HERO)** **410-545-4774**
101 W. Read Street, Suite 825
Baltimore, MD 21201
Services provided: pediatric and adult case management services, counseling, legal assistance, The Buddy Program and a drop-in center.
 - **Johns Hopkins Medical Institutions Moore Clinic, JHH** **410-955-6414**
600 N. Wolfe Street – Carnegie 3
Baltimore, MD 21213
 - **Link to HIV/AIDS services by County:**
<http://www.dhmf.state.md.us/AIDS/Treatment/Assistance%20Programs%20for%20PLWHA/locateMedCareServices.htm>

- **Mental Health:**

- **Perinatal/Postpartum Depression Resources:**

1. Websites: www.healthynewmoms.org
www.1800ppdmoms.org
www.postpartum.net
www.nimh.nih.gov

- **Perinatal Loss Support Information**

1. **Center for Infant & Child Loss at UMAB** **1-800-808-SIDS (7437)**
630 W. Fayette Street Room 5-684
Baltimore, Maryland 21201
Email: caring@infantandchildloss.org
Website: <http://www.infantandchildloss.org>
Link to support groups in Maryland:
http://www.infantandchildloss.org/index.php?module=pagemaster&PAGE_user_op=view_page&PAGE_id=44&MMN_position=39:7

2. **Stella Maris Center for Grief and Loss** **410-252-4500, ext. 7291**
3. **GBMC/Women's Resource Center** **443-849-2308**
4. **Franklin Square Hospital** **443-777-7839**
5. **Harbor Hospital** **410-350-2080**
6. **Mercy Medical Center** **410-332-9600**
7. **St. Agnes** **410-368-2637**
8. **St. Joseph's Hospital** **410-337-1109**
9. **Upper Chesapeake Medical Center** **800-515-0044**

- **Local Agencies:**

1. **Baltimore Mental Health Systems:**

Website: <http://www.bmhsi.org/>

Link to agencies/services in Baltimore City: <http://www.bmhsi.org/agencies.html>

2. **Medical Assistance (MAPS-MD) provider information:** **1-800-888-1965**

3. **Sheppard-Pratt** **410-938-3000**

Website: www.sheppardpratt.org

4. **The Care Clinic/Center for Families, University of MD, Baltimore** **410-706-4869**

520 W. Lombard, Gray Hall, 1st Floor
Baltimore, MD 21201

410-706-1703

Services provided: provides free child and family therapy to children and families affected by or sexual abuse or exposure to domestic violence. Provides clinical assessment, advocacy services and psychiatric services.

5. **Pro Bono Counseling Project** **1-877-323-5800**

131 W. Quadrangle
2 Hamill Road
Baltimore, MD 21210

Services Provided: Offers referrals to participating volunteer therapists for outpatient counseling for those who are low income or uninsured. Statewide

Website: www.probonocounseling.org

- 6. The Women’s Growth Center** **410-532-GROW (532-2476)**
 5209 York Road, #B12
 Baltimore, MD 21212
Services Provided: Provides individual, couples, family and group therapy on an outpatient basis offering a feminist approach to therapy. Services are by appointment and fees are based on a sliding fee scale. Some insurance accepted.
- 7. Children’s Mental Health Program** **410-955-3598**
 John’s Hopkins Health System
 403 North Caroline Street
 Baltimore, MD 21231
Target Population: Children up to age 16 with mental health needs
Services provided: Therapy, medication management (usually there is a waiting list)
- 8. Family Connections – Center for Families** **410-706-8716**
 827 West Barre Avenue
 Baltimore, Md. 21230
Target Population: Parents with children
Services provided: Home based services, early intervention for families at risk of CPS involvement.
- 9. Harford-Belair CMHC (Community Mental Health Center)** **410-426-5650**
 4308 Harford Road
 Baltimore, Md. 21214
Target Population: All ages
Services provided: Therapy, medication management, case management
- 10. Certified Counseling Associates, Inc.** **410-521-4798**
 Rockdale Professional Center
 Suite 23
 Baltimore, MD 21244
- 11. The Counseling Center of Maryland** **410-583-7443**
 600 Providence Road
 Towson, MD 21204
- 12. Mt. Washington Clinical Practice** **410-367-9105, ext. 11**
 1702 South Road
 Baltimore, MD 21209
- 13. Applied Therapeutic Services** **410-494-1400**
 1045 Taylor Ave.
 Suite 212
 Baltimore, MD 21286
- 14. Baltimore Counseling Center** **410-426-6370**

6310 Harford Road
Baltimore, MD 21214

- 15. Northwest Baltimore Youth Services, Inc.** **410-578-8100**
Audrey Moore, Director
3319 W. Belvedere Avenue
Baltimore, Maryland 21215
Fax: (410) 542-5279
E-Mail: taznwbys@aol.com
- 16. Dundalk Youth Services Center** **410-288-4356**
Chris Erhardt, LCSW-C, Director
2660 Yorkway
Dundalk, Maryland 21222
Fax: (410) 284-7920
E-Mail: dysc@erols.com
- 17. East Baltimore Youth and Family Services:** **410-276-1100**
Maceo Hallmon, Director
500 N. Caroline Street
Baltimore, Maryland 21205
Fax: (410) 752-6922
E-Mail: hmaceo@starpower.net
- 18. First Step, Inc. Phone:** **410-521-4141**
Dave Goldman, LCSW-C, Director
8303 Liberty Road
Baltimore, Maryland 21244
Fax: (410) 521-3993
E-mail: firststepmd@aol.com
Website: www.firststepmd.com
- 19. Chase Brexton** **410-837-2050**
1001 Cathedral Street
Baltimore, Md. 21201
Website: www.chasebrexton.org
Target Population: All ages: specializing in gay and lesbian issues
Services: Medical care (specializes in HIV), counseling, substance abuse counseling, case management, housing, transportation
- 20. Family Support Centers** **410-659-7701**
Target Population: Families with children under 3
Various Locations:
- | | |
|-------------------------------|---|
| Bon Secours | GBMC-Weinberg |
| 26 North Fulton Avenue, 21223 | 1200 East Fayette Street, 21202 |
| 410-362-3629 | 410-522-7827 |
| DRU | Our House |
| 2100 Eutaw Place, 21217 | 2707 Sethlow Road, 21225 |
| 410-523-1828 | 410-396-8469 |
| Park Heights | Southeast Baltimore Early Head Start |

4328 Pimlico Road, 21215
410-396-8469

2811 Dillon Street, 21224
410-502-8770

Southwestern
 200 Font Hill Avenue, 21223
410-233-2005

Waverly
 829 Montpeller Street, 21218
410-235-0555

- 21. Family and Children's Services of Central Maryland** **410-366-1980**
 4623 Falls Road
 Baltimore, MD 21209
 Website: www.fcsmd.org
- 22. Park Heights Family Support Center** **410-396-8469**
 4236 Pimlico Road
 Baltimore, MD 21215
Target Population: Families with children ages 0-3, and expecting parents.
Services provided: Counseling, GED program with child care, drop in center, parenting classes, life skills training, in-home intervention (breakfast and lunch provided), some transportation
- 23. Johns Hopkins Community Psychiatry** **410-550-0104**
Bayview Medical Center
 4940 Eastern Avenue
 Baltimore, Md. 21224
Target Population: All ages, dual diagnosis, substance abuse and mental health issues
Services provided: Outpatient psychiatry services: medication management, therapy, case management, some transportation
- 24. John's Hopkins Women's Center** **410-855-9534**
 911 North Broadway
 Baltimore, MD 21231
Target Population: Women ages 18 and over
Services provided: parenting classes, art therapy, GED and Computer classes, methadone maintenance, reduced fare card for transportation
- 25. Kennedy Krieger Institute – The Family Clinic** **410-923-5980**
 2901 East Biddle Street
 Baltimore, MD 21213
Target Population: Neglected children
Services provided: Assessment, therapy, START – program for offending children, some transportation. Evaluation Clinic – crisis assessment, psychological assessment, cognitive evaluation. Home-based therapeutic services – counseling, in-home services, child advocacy, behavior management, parenting skills.
- 26. VA Medical Center –Out patient Mental Health** **410-605-7410**
10 North Green Street
 Baltimore, MD 212011
Target Population: Veterans
Services provided: Outpatient and inpatient mental health services – must have psychiatric screening

- **OMHC's (Outpatient Mental Health Centers)**
 - **Link to OMHC's in Baltimore City (or see below):**
<http://www.bmhsi.org/agencies.html>

1. All Walks of Life, LLC	410-436-1734
2. Apex Counseling Center	410-522-1181
3. Baltimore Behavioral Health (BBH)	410-962-7180
4. Baltimore City Counseling Center	410-327-6503
5. Bon Secours	410-383-4921
6. Building Communities Today for Tomorrow	410-467-6600
7. Celine Health Services	443-742-7838
8. Change Health Systems, Inc.	410-233-1088
9. Children's Guild	410-444-4300
10. Glory Health Center	410-444-0779
11. Harford Belair	410-426-5650
12. Institute for Life Enrichment	410-532-3848
13. Jewish Family Services	410-466-9200
14. Johns Hopkins Hospital Community Psychiatry Program	410-614-4051
15. King Health Systems, Inc.	410-578-4340
16. Levindale Hebrew Geriatric Center	410-601-5461
17. Maryland Global Health Service	410-496-2410
18. Mountain Manor- Maryland Treatment Centers, Inc.	410-233-1400
19. New Vision Behavioral Health Services	410-254-4343
20. North Baltimore Center	410-366-4360 ext. 220
21. Oasis Health Center	410-462-7171
22. Optimum Health Services	410-233-6200
23. Peace of Mind	410-878-7030
24. Pressley Ridge Schools	410-576-8300 ext. 256
25. Quadrant, Inc.	410-727-0674
26. Ridge 103 LLC	443-831-2545
27. Sinai Hospital	410-601-4458
28. Supreme Health Systems, Inc.	410-235-9705
29. Therapeutic Living for Families	410-366-1151
30. UMMS Center for Infant Studies	410-706-2485
31. UMMS Walter P. Carter Carruthers Clinic	410-328-2293
32. Union Memorial Hospital	410-554-6600
33. Universal Counseling Services	410-752-5525
34. Urban Behavioral Associates	410-779-3102
35. Villa Maria Continuum	410-585-0598
36. Village Family Network	410-727-0661

- **Mental Illness Resources**

1. NAMI (National Alliance for the Mentally Ill)—Metro Baltimore: 410-435-2600

5210 York Road/ Baltimore, MD 21212

(410) 435-0355 (fax)

Services Provided: Advocacy and support group for family members and friends of people with mental illness. Services include peer education programs and mutual (peer-led) support groups, a help-line, active family peer support groups meet in Baltimore County and City monthly; active peer support groups for consumers of mental health services meet in Baltimore City monthly. Community Outreach and Public Education; Information Meetings and Workshops:

Website: http://www.nami.org/MSTemplate.cfm?Section=Basics_about_NAMI-Metro_Baltimore&Site=NAMI_Metropolitan_Baltimore&Template=/ContentManagement/HTMLDisplay.cfm&ContentID=45107

2. MD Coalition of Families for Children’s Mental Health 410-730-8267

10632 Little Patuxent Pkwy, Suite 119

Columbia, MD 21044

Toll Free: 1.888.607.3637

Fax: 410.730.8331

Services Provided: a grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families and building a network of information and support for families across Maryland.

Web: www.mdcoalition.org

3. DRADA (Depression & Related Affective Disorders Association)

2330 W. Joppa Road, Suite 100

410-583-2919; Toll Free: 888-288-1104

Lutherville, MD 21093-4605

Website: www.drada.org

Email: drada@jhmi.edu

Services provided: provides information, education and support services to individuals, families and professionals about depression and bipolar disorder.

4. The Mental Health Association of Maryland:

1-800-572-MHAM (6426)

700 W. 40th Street, Suite 460

410-235-1178

Baltimore, MD 21211 410-235-1178

Website: <http://www.mhamd.org/>

Services provided: provides education and advocacy on behalf of people with mental illness and coordinates with the following **local chapters:**

- **Metropolitan Baltimore** (serves Balto. City, Co. and Harford Counties): 410-235-1178, ext. 202
- **Howard County:** 410-995-3323
- **Lower Shore** (serves Somerset, Wicomico and Worcester Counties): 410-543-2057
- **Montgomery County:** 301-424-0656
- **Prince George’s County:** 301-424-0656
- **Talbot County (serves the Eastern Shore):** 410-822-0444
- **Washington County:** 301-733-6555

5. Depression Bipolar Support Alliance, Baltimore County

410-391-0770

Essex Support Groups at Essex Library: 1st and 3rd Mondays

- **Parenting Education and Support Groups**

1. **The Family Tree/Parent Stress line:** **1-800-243-7337**

2108 N. Charles Street

Baltimore, MD 21218

Office: 410-889-2300

fax: 410-637-8387

Website: <http://familytreemd.org/>

Services provided: offers a range of programs providing structured support and home based education to parents and their children; advocacy and outreach services offered free-of-charge to thousands of families. Programs include **Family Education and Support, Positive Parenting Program:** 12-week skill-building program through the development and strengthening of their own skills. **Parent Assistance in the Home (PATH):** a home-based program parenting where a Family Support Advocates assesses a family's needs and services are provided in the home for 60 to 90 minutes weekly and offers short-term, intensive intervention for up to 12 weeks.

Family Life Workshops and Groups: Workshops are currently offered in Anne Arundel, Baltimore, Howard and Prince George's counties and Baltimore City. **Neighborhood Investment programs** and Community Services programs. Included **Parents Anonymous® Groups.**

2. **Friends of the Family, Inc.** **410-659-7701**

Family Support Centers (FSC)

Services provided: various parent education classes and support groups.

Bon Secours FSC 410-362-3629

26 N. Fulton Avenue
Baltimore, MD 21223

Our House 410-396-8469

2702 Sethlow Road
Baltimore, MD 21225

Southeast Baltimore Early 443-923-4300

Head Start Center

2811 Dillon Street
Baltimore, MD 21224

DRU FSC 410-523-1828

2100 Eutaw Place
Baltimore, MD 21217

Park Heights FSC 410-578-0244

4236 Pimlico Rd.
Baltimore, MD 21215

Waverly FSC 410-235-0555

829 Montpelier Street
Baltimore, MD 21218

3. **Jewish Family Services of Central Maryland** **410-542-6300 Ext. 202**

Child Abuse & Neglect Prevention Program

5750 Park Heights Ave.

Baltimore, MD 21215

Target Population: Persons ages 6 and up

Services provided: Community consultation, staff training, parenting skills workshops, prevention workshops for teens

4. **Kidsake at The Brown Memorial Woodbrook Presbyterian Church**

410-377-7232, ext. 20

Provides groups for children experiencing **separation and divorce.** Call for age and times.

- **Websites on parenting:**
 1. **Positive Discipline from A to Z** <http://www.positivediscipline.com/>
by Jane Nelsen, Lynn Lott & H. Stephen Glenn
 2. **Dr. William Sears:** <http://www.askdrsears.com/>
 3. **1-2-3 Magic, Inc.:** <http://www.parentmagic.com>

- **Separation/Divorce Resources**

- 1. The Family Tree/Parent Stress line:** **1-800-243-7337**
 2108 N. Charles Street
Baltimore, MD 21218 **Office: 410-889-2300**
fax: 410-637-8387
Website: <http://familytreemd.org/>
- 2. Lighthouse Inc.** **(410) 788-5483**
 60 Mellor Ave
 Catonsville, MD 21228
Services provided: parenting education classes on separation and divorce ages 4- 12. Counseling, Family Preservation/Permanency Planning, Juvenile Justice. Family counseling for families with children up to 18.
- 3. Parents Without Partners Support Groups: Baltimore Chapter:** **410-494-3900; 410-437-5373**
Services provided: Parents Without Partners provides single parents and their children with an opportunity for enhancing personal growth, self-confidence and sensitivity towards others by offering an environment for support, friendship and the exchange of parenting techniques
Website: <http://www.parentswithoutpartners.org/chapterfind.asp>
- 4. National Family Resilience Center, Inc.** **410-740-9553**
(Formerly Child of Separation and Divorce)
 10632 Little Patuxent Parkway **Satellite Office: NFRC Center, Rockville**
 2000 Century Plaza Suite 121 932 Hungerford Drive, Suite 9-B Second Floor
 Columbia, Maryland 21044 Rockville, MD. 20850
 301-596-1677 fax
Services provided: individual, couple, family, parent, co-parent, pre-marital, marital, separation and blended family counseling.
Website: www.divorceabc.com
- 5. Community Mediation Program** **410-467-9165**
 3333 Greenmount Avenue
 Baltimore, Maryland 21218
 Fax: 410-516-0134
Email: charmon@communitymediation.org
Website: www.communitymediation.org
Types of Mediation: Neighbors, Family, Parenting Plan, Relationships, Community Assoc. Business, Parent Teen, Landlord Tenants, Others
Mediation Fee's: FREE

- **Substance Abuse/Addictions Treatment**

1. **Baltimore City Substance Abuse Systems:** **410-637-1917**
Provides information, resources, funding, and referral for alcohol, and substance abuse treatment.
Website: <http://www.ncaddmaryland.org/access.cfm>
 - **Project Grace:** **410-649-0507**
Outreach project with **Baltimore Substance Abuse Systems** to provide linkage for consumers to substance abuse providers.
2. **Alcoholics Anonymous:** **410-663-1922**
Maryland Website: <http://www.marylandaa.org/>
National Website: www.alcoholics-anonymous.org
3. **The Freestate Region of Narcotics Anonymous (NA):** **1-800-317-3222**
Maryland Website: <http://www.freestatena.org/>
National Website: <http://www.na.org/>
4. **AI-ANON/ALATEEN of Baltimore City** **410-766-1984**
E-mail: alanon@md-al-anon.org
Website: <http://www.md-al-anon.org/>