

Violence Intervention Program (VIP): Overview of Services

UMMC Violence Prevention Program (VPP) A Set of Component Services to Reduce Interpersonal Violence & Violent Crime (rev. 2.2011)

Hospital Bedside Visits

Connecting with victims of intentional violent injury at the very beginning of their recovery

- Assess immediate needs
- Provide information
- Offer assistance
- Establish rapport
- Deliver crisis intervention
- Advocate / refer within systems
- Obtain informed consent
- Develop service plans

Immediate Post-Discharge Services

Solidifying rapport & building a working relationship

- Revisit service plan
- Prioritize service plan goals
- Continue needs assessments
- Identify best referrals sources
- Begin making referrals
- Promote goal achievement
- Maintain daily / weekly contact
- Provide psycho-education
- Provide emotional support
- Deliver crisis intervention

Ongoing Community Case Management

Evaluating the success of service planning / reinforcing the client's progress & the VIP working relationship

- Revisit service plan
- Prioritize service plan goals
- Continue needs assessments
- Identify best referrals sources
- Change degrees of contact & intervention to mirror client needs
- Advocate when needed
- Celebrate client successes

Peer Support Group

Providing a safe place for clients to support each other & to practice new coping skills

- Facilitate discussions on personal issues/problems
- Role model positive ways to handle difficult situations
- Provide therapeutic support
- Give others a chance to mentor
- Provide psycho-education
- Promote goal achievement
- Celebrate accomplishments

- VIP Eligibility Criteria:** a) victim of intentional violent injury, b) resident of Baltimore City or contiguous county, c) age 14 or older, d) normal brain functioning, e) no active psychosis
- VIP Intervention Goals:** a) reduce violence recidivism, b) reduce criminal activity, c) reduce risk taking behavior (ie: substance abuse), d) increase adaptive coping skills (ie: problem solving), e) strengthen community connections (ie: getting clients linked to the best social supports)
- VIP Mission:** Break the cycle of interpersonal violent injury by a) implementing an evidence-based violence prevention program which begins in the hospital and extends into the community, b) researching the causes and contributing factors to intentional violent injury, and c) sharing information gained from the work being done and the research being completed with others for the purpose of impacting this public health issue on a larger scale. The VIP model may be expanded and replicated to address the issue of intentional violent injury in hospitals citywide /nationwide.