



RISE & SHINE

BREAKFAST		SPECIALS	
country ham scrapple	0.56/oz	nashville hot chicken biscuit	4.50
pancakes french toast	0.56/oz	warm cinnamon rolls	2.00

MON

Honest Bowl- tofu | lemon rosemary chicken | braised beef 0.56/oz
Melt- classic grilled cheese w/ soup & fries 10.00
 "Meatless Monday's"
Dessert - Blueberry Cobbler

TUES

Verde- fajita chicken | beef taco meat 0.56/oz
Yoya- asian cuisine
Dessert- Strawberry Cobbler

WED

Callaloo- jerk chicken thighs | haitian beef stew 0.56/oz
Zen- firecracker shrimp bowl 10.00
 - " National Salad Day"
Dessert- Peach Cobbler

THURS

Zen- spicy tofu | sweet & sour chicken | teriyaki beef 0.56/oz
Verde- chicken burrito or bowl (veggie option available) 10.00
Dessert- Pear Cobbler

FRI

Happy Hen- fried chicken | nashville hot chicken |
 beef hotdog 0.56/oz
King Tide- Maryland Style Crab Cake 14.00
Dessert- Bread Pudding

WEEKLY FEATURES

EMBERS GRILL
 Italian sausage w/ fries 8.00
HEARTH & RYE DELI
 New England Shrimp 9.00
 Lemon, rosemary turkey
 Focaccia sandwich 8.00

BASIL & THYME PASTA
 Meaty Marinara Pasta Bake 8.00
 Shrimp, Tomato & Herb Bake 8.00
 Meat Lovers stromboli 6.00

SALAD STATION
 So-Cal Salad 0.56/oz

SOMETHING
DELICIOUS
AWAITS YOU

SOUPS

MONDAY	
chicken noodle	4.00
tomato bisque	4.00
TUESDAY	
chicken noodle	4.00
Chicken tortilla	4.00
WEDNESDAY	
chicken noodle	4.00
Turkey & rice	4.00
THURSDAY	
chicken noodle	4.00
Maryland crab	5.99
FRIDAY	
chicken noodle	4.00
broccoli & cheddar	4.00